

Byrne & Associates, Inc.
We help people help children learn.
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SF-182 1022
The Hidden Impact of Bonding in Schools

Learn about the types of bonding in schools. Find out which type is the greatest predictor of academic achievement for at-risk students and which types impact teacher stress and job satisfaction.

Objectives:

- A. Define school bonding and its levels.
- B. Identify processes that cultivate bonding.

- I. Examine the effects of school roles, decision-making, and planning upon all the types of school bonding.
- II. Evaluate degrees of bonding levels in your school and analyze the individual and collective contributions to those levels.
- III. Determine personal goals and next steps.

Cost:

The cost for this in-person 1-day training is \$5200. The cost for online training is \$3100.

SF-182 1122
Confronting Stress in the School Workplace

Is your school job making you crazy? It's likely stress and not the job that is the root. Find out what to stop doing or what to do more of to improve your quality of life. It's possible to create relief!

Objectives:

- A. Identify components of school-related stress.
- B. Tailor solutions that reduce the stress you experience in your school job.

- I. How do different styles of teachers experience stress?
- II. Use the Hierarchy of Teacher Needs to identify sources of stress.
- III. Generate a plan to address immediate stressors and to reduce future stressors.

Cost:

The cost for this in-person 1-day training is \$5200. The cost for online training is \$3100.