

## **SF-182 1023 Addressing Complex PTSD Within the School**

How does trauma affect learning? This off the shelf professional development package addresses the concepts of family and generational trauma (Mark Wolynn, 2017) and how a framework for recovery called Complex PTSD (Pete Walker, 2013) can help school staff members better understand their high-needs students behaviorally and academically.

### **Objectives:**

- A. Define generational trauma and how it impacts students inside and outside the classroom.
- B. Identify patterns of coping responses to trauma.
- C. Examine strategies for guiding students to healthy connections with themselves and with others.
  
- I. Analyze the effects of complex trauma upon students in: their family and community network, the classroom, academic achievement, social interactions and relationships, executive management, self-determination and sovereignty.
- II. Correlate patterns of coping with patterns of problem solving.
- III. Examine ways to build classroom environment using strategies that help students connect and communicate.
- IV. Identify school projects, tasks, and processes that reinforce positive self-talk and developing healthy relationships.

**Cost:** The cost for this 3-day online training is \$9,300.

## **SF-182 1122 Teaching Critical Thinking**

Why do students with strong critical thinking skills demonstrate significantly higher academic performance and independence? What sorts of activities and conversations develop higher order thinking? Can any teacher learn to teach critical thinking in any content? This off-the-shelf professional development package demystifies the relationship between critical and creative thinking and ways to incorporate techniques for teaching those thinking skills.

### **Objectives:**

- A. Identify correlations between critical thinking skills and general academic success.
- B. Examine an array of critical and creative thinking skills that cultivate self-determination and leadership skills.
- C. Examine techniques for imbedding critical and creative thinking that enhance content instruction and assessment.
  
- I. How are critical and creative thinking recursive and self-reinforcing?
- II. Examine elements for developing critical thinking that accelerate academic achievement.
- III. Practice strategies and planning that cultivate student independent thinking and learning.

**Cost:** The cost for this 3-day online training is \$9,300.